### General Information

When booking your appointment, the staff will inform you of the relevant requirements prior to your arrival. The following information, however, is provided to help make your stay as efficient, as safe and as pleasant as possible.

Further information is available on our website. www.optionsclinic.com.au

## Money Matters

The surgeon and anaesthetist will both 'bulk bill' you through Medicare for their services. There is also however, a clinic/theatre fee. The staff will notify you of the amount of this fee when you make your booking. We accept Cash, EFTPOS, Visa or Mastercard.

# Things to bring with you

- Current Medicare card
- Health Care card, Pension card, if any
- Your Doctor's referral letter, if any
- Blood Group report, if any
- Ultrasound report, if any
- All your current medications
- Clean Underwear
- A packet of adhesive sanitary pads... not panty liners
- A supportive adult friend to accompany you home

## Things to avoid

- Do not eat or drink anything from midnight before your operation, including water
- Do not wear makeup or nail polish
- Do not bring valuables including jewellery
- Do not plan any other appointments for the day
- We advise against using public transport after your operation

# About your Anaesthetic

An experienced anaesthetist will be looking after you.

Your anaesthetic will be discussed with you before your operation.

If you are Insulin or Steroid dependant or have any serious illness, please let us know at the time of making your booking.

## At the Clinic

You will be given information outlining your operative procedure and anaesthetic.

Your medical history will be reviewed.

You are able to freely discuss your decision and concerns.

Your stay in the centre will last approximately for 3-4 hours.

Postoperative care and advice will be provided.

Interpreter Service – If you are unable to bring an Interpreter with you we can arrange this prior to your appointment.

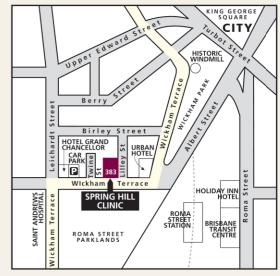
Please do not bring small children to the clinic.

## Other Services

- Pregnancy Testing Counseling
- Ultrasound
- Contraceptive Management
- IUD Insertion
- IUD Removal
- Implanon Insertion and Removal
- Vasectomy
- If you are concerned about anything at all please feel free to contact us.

# Please remember

You are never alone. We are here to offer you support, treatment and care as well a service.

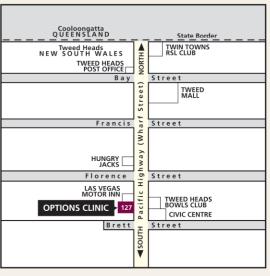


#### SPRING HILL CLINIC

1st Floor 383 Wickham Terrace SPRING HILL (Brisbane City) Phone: 3831 8300 Fax: 3831 8317

#### PARKING

On Street Parking is available along Wickham Tce. Secure Parking is available at HOTEL GRAND CHANCELLOR. Please discuss parking arrangements when making your appointment.



### OPTIONS CLINIC TWEED HEADS

127 Wharf Street TWEED HEADS

Phone: 5536 1626 Fax: 5536 7776

### **PARKING**

Just drive in through the front entrance, car parking available within the premises.

Motel accommodation is available next door.

